[How to start]

<Start 1st row>Left side : Leave about 30cm thread at the beginnig of the stitch and stitch to the left.

Start with the mark 

in the middle of the figure.

When you come to the left end, scoop 2 to 3 stitches back at the wrong side.

<1st row>Right side : Use the 30cm thread left first. And go to the right end. And move to the 2nd row.

